



BOYS' TOWN MEDIA KIT





About Us

Boys' Town is a charity founded by the Montfort Brothers of St. Gabriel in **1948**. We first began as a residential care for children in need after the war, providing education and shelter for them. Over the years, we have expanded into a social service agency providing a continuum of services for children and youth in need.



Our Mission

To help children and youth in need become socially integrated, responsible and contributing members of society.



Our Vision

A **C.A.R.I.N.G** milieu

(Care & Concern, Adaptability, Responsibility, Integrity, Nurturing, Godliness)

Each year, Boys' Town works with **more than 2,000** children and youths. Boys' Town serves both boys and girls, from infants to young adults. We help children and youths from disadvantaged and disengaged families, who may have faced hardship resulting from difficult home situations, abandonment, and abuse.



Founded in
1948

by the Montfort Brothers
of St. Gabriel



2,000+

children and youth
served each year



>78

years of care,
commitment and
positive impact

Programmes & Services



**Residential
Services**



**Clinical
Intervention
Centre**



YouthReach



**Fostering
Services**



**Adventure
Centre**



**Sanctuary
Care**



**Our Milieu Project -
Mental Wellness**



BOYS' TOWN
**Residential
Services**

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**Clinical Intervention
Centre**

BOYS' TOWN
YouthReach

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**Fostering
Services**

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**Sanctuary
Care**

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**Adventure
Centre**

Residential Services



Boys' Town Residential Services provides residential care for male clients **aged 10 to 21**.

It comprises **4 units** to provide specific, tailored care for each group of clients, based on their age and required interventions, care, and attention.

Shelter (Junior and Senior)

Serves boys between the ages of 10 to 18 who are referred due to concerns about child welfare and protection at home. The Shelter seeks to provide residents with a safe and nurturing environment through trauma-informed practices.

Group Home

Group Home cares for boys aged 13 to 16 who are placed on a Family Guidance Order or a Probation Order. Through a structured and supportive residential environment, residents are guided in developing positive behaviours and life skills. Group Home adopts a mentoring model of care, where each resident is paired with a staff mentor.

Therapeutic Group Home

Therapeutic Group Home cares for boys aged 13 to 18 diagnosed with Complex Trauma, who experience severe emotional and behavioural dysregulation. Using Trauma Systems Therapy, each resident is supported by a psychologist, social worker, and primary staff. The unit has a lower staff-to-client ratio to provide more intensive supervision and care.

Hostel

Hostel provides residential care for youths aged 17 to 21 who lack family support. Residents stay while pursuing tertiary education, employment, or National Service, and learn independent living skills such as financial management, employment, and daily living through individual and group sessions with their assigned social workers.



INTEREST GROUPS

The Residential Services offers various interest groups such as football, fitness and pool, where the boys engage in activities and adventures on a weekly basis.



BOYS' TOWN LEARNING (BTL)

BTL consists of two key components: **BTL Morning (Paid Tutors)** and **BTL Evening (Volunteer Tutors)** which provide academic support to our Residential Services boys.



BOYS' TOWN
Residential Services

Fostering Services



Appointed as a Fostering Agency under the Ministry of Social and Family Development (MSF), we partner closely with the ministry to recruit and support foster parents in caring for vulnerable children.

Since 2015, we have been recruiting and supporting foster families to provide safe, stable, and nurturing home environments for children and youth in the foster care system. In 2019, we expanded our services to include kinship care support, ensuring that children in kinship arrangements receive the stability and care they need.



We serve both
Boys and Girls



~135 Cases
served annually



Foster Children Programmes

We run programmes for our foster children, such as art therapy and holiday fun climbs, that build confidence, foster friendships and create meaningful shared experiences.



Info-sharing Sessions

We run information-sharing sessions to help the public better understand fostering, the needs of children in foster care, and the role of foster parents.



Foster Parent Programmes

We run programmes for the foster parents such as Foster Parent Chit Chat sessions for them to foster connection and share experiences.



Therapeutic Life Story Work Certification

Boys' Town Fostering Services leads the implementation of the Therapeutic Life Story Work (TLSW) Certification programme developed by Professor Richard Rose. Through this specialised training, our foster care workers are equipped with an evidence-informed approach to help children and young people in the child protection system make sense of their experiences and build a stronger sense of identity and belonging.

**Connect
With Us!**



@boystown.fostering services



fostering@boystown.org.sg



BOYS' TOWN
**Fostering
Services**

Clinical Intervention Centre



The Clinical Intervention Centre (CIC) comprises an interdisciplinary team of psychologists, counsellors, therapists, and socio-behavioural interventionists dedicated to supporting the psychological, emotional, behavioural, and developmental needs of children and youth.

Guided by the principles of early intervention, trauma-informed care, and evidence-based practice, CIC provides comprehensive psychological services through assessment, consultation, therapy, behavioural intervention, and caregiver support. Our work is grounded in a holistic understanding of each individual, integrating psychological formulation with strengths-based and collaborative approaches to care.



Psychological Services, Counselling and Behavioural Intervention

Our services include:

- 👍 Psychological Assessments
- 👍 Counselling
- 👍 Applied Behavioural Interventions
- 👍 Expressive Therapies

Outreach



These activities strengthen mental health literacy, raise awareness of available support services, reduce stigma associated with psychological difficulties, and empower individuals and communities to seek help when needed.

- ★ **Mental Wellness Talks**
- ★ **Community Engagement Activities**



Training & Consultation

These initiatives strengthen participants' knowledge and skills to foster safe, supportive environments for children and youth.

- ★ **School Observations**
- ★ **Parenting Workshops**
- ★ **Behavioural Management**
- ★ **Boy-centric Approaches**
- ★ **Social and Emotional Learning**

Who We Work With



Children & Youth



Parents & Caregivers



Schools & Educators



Clinicians & Professionals



Community Partners

Contact Us!

cic@boystown.org.sg



BOYS' TOWN

Clinical Intervention Centre

YouthReach



YouthReach is a youth-focused service specialising in outreach, case management and intervention, youth advocacy, and youth development. We work closely with youths to support their personal growth, address challenges, and empower them to make positive choices.

We adopt diverse approaches in supporting children and at-risk youth. We serve children and youths aged 10 to 24 who come from complex family and socio-economic backgrounds. Drawing on our experience in youth engagement and development, we partner with schools to equip students with practical life skills that encourage positive behaviour, healthy relationships, social responsibility, and overall well-being, both in school and at home.

We are committed to inclusivity and ensuring every young person has the support they need. Supported by **Catholic Welfare Services and Caritas Singapore**, our work is rooted in the Montfortian belief:

Those whom the world rejects must move you the most

Outreach



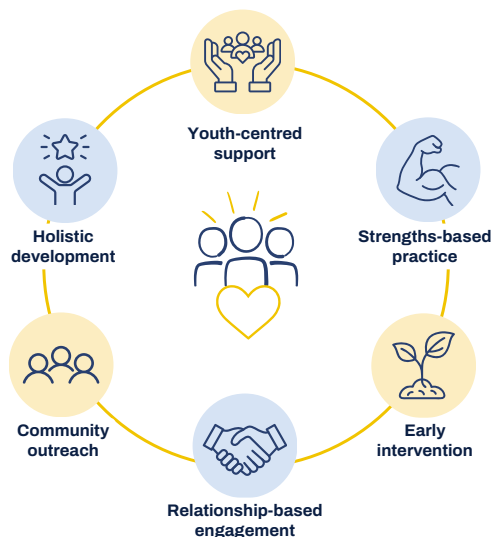
Street Outreach

- Explore youth hotspots
- Dynamic youth interaction
- Provide youth support
- Connect youths to services



Canteen Outreach

- Engage the youths through interactive activities in schools
- Foster meaningful connections
- Promote early intervention



Case Management

Our youth workers partner with clients to co-develop Individualised Care Plans (ICPs), focused on their strengths, goals, and circumstances. Through regular engagement and structured goal-setting, the team addresses risk factors, builds resilience, and monitors progress. Our approach is grounded in building meaningful relationships with youths in environments where they feel most comfortable, enabling us to better understand their strengths and needs.



Youth Development Programmes

YouthReach delivers youth development programmes through experiential and interest-based activities such as Muay Thai, soccer, and expressive arts. These programmes support youths in developing self-discipline, teamwork, emotional regulation, resilience, and positive decision-making skills.

**Connect
With Us!**



@youthreachedus

@youthreachedus



BOYS' TOWN

YouthReach

Sanctuary Care



Sanctuary Care (SC) is a **community-based** programme that serves as a vital support system for families navigating personal crises. Many of the families we support face complex challenges, including mental health conditions, teenage pregnancies, domestic violence, and employment or housing instability.

Through timely intervention and practical support, SC seeks to **stabilise families, safeguard children's well-being, and strengthen parents' capacity to provide safe and nurturing care.**



Acute Respite Care (ARC)

- Short-term care placement
- Ranges from a few hours to a maximum of 90 days
- Infants to 8 years old
- Provide care for infants and young children during periods of acute stress

"We had the chance to provide respite care for two boys, aged 6 and 1½. It was rewarding to provide them with a safe and caring environment, and to see them gradually feel comfortable and at home with us. It showed us that small acts of care and consistency can make a significant difference in a child's life."

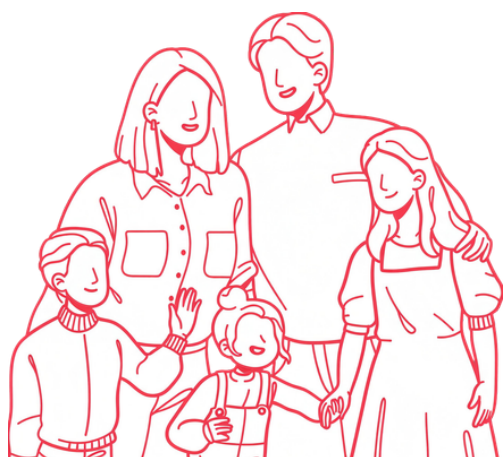
Respite Carer

Outreach Activity Respite Services (OARS)

- Fortnightly
- Half-day Saturday
- Children aged 7 to 11
- Structured activities and outdoor experiential learning
- Help children develop pro-social skills, emotional regulation, and positive peer relationships in a safe and supportive environment

"I have also noticed a lot of improvement in my kids especially my son who became much more talkative (willing to socialise with others) and confident in his everyday life so I am glad while they get to have fun, they are also learning important values from it."

Parent



Community Outreach Programmes

Roadshows and outreach campaigns are conducted to raise awareness of parenting stress, equip caregivers with coping skills, publicise our respite programmes, recruit respite carers, and connect families with relevant support resources.

Contact Us!



sanctuarycare@boystown.org.sg



9177 3112



BOYS' TOWN

Sanctuary Care

Adventure Centre

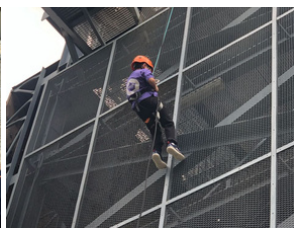


Boys' Town Adventure Centre (BTAC) provides **school-based and outdoor adventure-based learning (ABL)** programmes as an intervention for children and at-risk youth.

Through a combination of experiential learning and activity-based psychoeducation, our programmes aim to improve the mental, physical, and social well-being of children and youth so they may navigate the complexities of daily living confidently and be reintegrated with their peers.

Our Programmes

for 8 to 25 pax



FUN

Leisure and Bonding
Sports Exposure
Recreational Activities

Single or
multi-sessions

GROW

Character Development
Team-building
Leadership Training

5 - 10 sessions
over 3 months

THERAPEUTIC

Participant-Centric
Adventure Journey-Based
Trauma-Informed

4 months to 1 year



BTAC designs, develops and delivers programmes using an integrated framework of **Adventure-Based Learning (ABL)**, **Group Development Theory**, and the **Strengths-Based Approach** to promote personal growth, positive relationships, and meaningful behavioural change.

Together, these approaches enable BTAC to design intentional, developmentally appropriate programmes that support both individual and group growth. By combining experiential challenges, group-based learning, and a focus on strengths, BTAC empowers participants to develop resilience, positive relationships, self-awareness, leadership, problem-solving, communication, and social-emotional competencies needed to thrive in school, work, and community settings.



Types of Activities



Climbing



Abseiling



Bouldering



Quickflight



Trekking



Kayaking



Freediving



Intertidal Walks



Class-Based

Contact Us!



adventurecentre@boystown.org.sg



BOYS' TOWN
**Adventure
Centre**

Our Milieu Project

Mental Wellness Programme



Our Milieu Project (OMP) is a special outreach project focused on **children and youth mental health**. It was launched in 2022 due to increasing societal concerns over children and youth well-being and their social behaviour.

OMP leverages on the **interprofessional collaboration** between experts (from YouthReach, Clinical Intervention Centre, Adventure Centre and Sanctuary Care) in children and youth work.

The aim is to develop and promote a series of mental health and well-being activities. It is our belief that in providing a safe milieu for the child and youth, would we be able to facilitate their growth and establish change.

Objectives



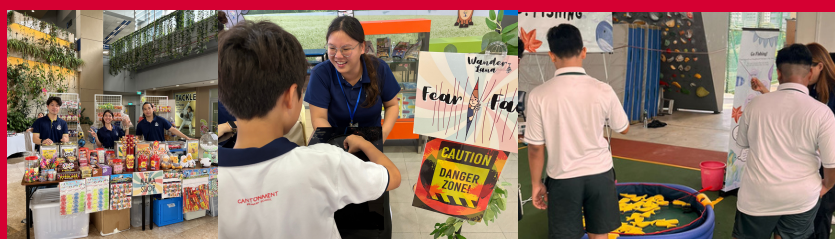
Creating a safe & secure space for children and youth to

- ✓ Receive needed help
- ✓ Recover from stress
- ✓ Restore relationships
- ✓ Rediscover self
- ✓ Recognise their strengths



Creating awareness of children and youth issues for parents so they can

- ✓ Recognise the signs of distress
- ✓ Remain calm in order to provide help
- ✓ Redirect the child to get help



Wander-Land Carnival Roadshows for Schools

- Mental Health Carnival
- Primary schools, Secondary schools and Institutes of Higher Learning
- 2 to 3 hours roadshow
- Serves 300 to 1000 pax
- 5 to 8 activity booths and 1 attraction



The OMP Challenge

Our in-house social media campaigns address key topics such as self-care, managing anxiety, understanding emotions, suicide awareness, and more. These concise, engaging posts aim to inform, support, and foster community dialogue among young people to reduce stigma.

Check Us Out!

- @boystownsg
- @boystown7920
- @boystownsg

Enquire Now!

Wander-Land Carnival Roadshows

adrienne@boystown.org.sg

Learn More

boystown.org.sg/our-milieu-project

OUR MILIEU PROJECT

How you can help

Make a Donation

Not all of our programmes and services are fully funded. Donations play an important role in helping Boys' Town sustain the care, programmes and support we provide to children, youth and families. Donate now to support Boys' Town's programmes and operations.

www.boystown.org.sg/donate



Scan to Donate

Become a Volunteer

Boys' Town offers volunteering opportunities such as:

- Tutoring
- Foster parents, respite carers and transport minders
- Photography/videography
- Skill-based volunteering

You can also contact us at:
info@boystown.org.sg or call 6690 5420.

www.boystown.org.sg/volunteer



Scan to
Learn More



For press inquiries:

marketing@boystown.org.sg | 6690 5420



Website:

www.boystown.org.sg



Facebook:

www.facebook.com/boystown.spore



Instagram:

[@boystownsg](https://www.instagram.com/boystownsg)



LinkedIn:

www.linkedin.com/company/boystownsg



YouTube:

[@boystown7920](https://www.youtube.com/@boystown7920)



TikTok:

[@boystownsg](https://www.tiktok.com/@boystownsg)



Scan to learn more
about Boys' Town!

