

LOVE Never Gives Up

Sue's Journey of Growth in Foster Care

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The Start of Sue's* Foster Care Journey

When Sue* was just five years old, she entered foster care after circumstances made it unsafe for her to remain at home. Sue's journey was far from an easy one. Developmental challenges made it difficult for her to communicate her needs and emotions. At school and with her foster family, her feelings of frustration would sometimes surface through challenging behaviours, leaving those around her struggling to understand her.

Supporting Sue required patience, perseverance and teamwork. Her foster family, the Boys' Town Fostering Services' (BTFS) team, and teachers often had to navigate unpredictable emotions and behaviours while searching for ways to help her express herself. Though the road was demanding, they never gave up on her. They held on to the belief that, with stability, support and time, Sue could thrive.

Care That Meets Her Where She Is

Sue's foster care worker invested time in building trust and discovering ways for her to communicate beyond

words. Through play therapy, gentle guidance and consistent support, Sue was given the space to feel seen, heard and valued.

"Over time, Sue has grown from being very unsure and finding it difficult to make choices, to voicing out her needs as best she can. She is also now able to regulate her emotions with assistance."

– CIC Counsellor

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A counsellor from Boys' Town's Clinical Intervention Centre (CIC) was also engaged to support her development. Working closely with Sue throughout her growing years, the counsellor helped her strengthen her emotional regulation, build resilience and develop important life skills.

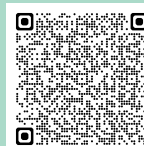
Slowly, but Surely

Gradually, Sue began participating more actively in school and daily activities. She was more willing to try new experiences and showed greater confidence in situations she had once avoided. Her determination and "never give up" spirit continue to inspire those around her.

While there are still challenges, Sue's progress is a testament to the power of consistent care, encouragement and belief in a child's potential. She is learning to express herself, accept support and face new experiences with confidence.

For her foster family, the greatest reward lies in witnessing these small but meaningful milestones. Watching Sue blossom reminds them that every challenge, every step forward and every moment of patience has been worth it.

Be Part of the Village That Helps Children Thrive!



One caring home can change a child's future. Join our sharing sessions on **26 September** and **28 November 2026** to discover how fostering makes a lasting difference.

Sign up now at: bit.ly/BTFS2026.

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*Name has been changed to protect the child's privacy.



MESSAGE from Brother Dominic

Dear Friends and Supporters of Boys' Town,
Peace and blessings to you.

As we enter the month of September, I wish to take this opportunity to express my heartfelt gratitude for your unwavering support of our mission. Through your generosity, prayers, and partnership, we continue to bring hope, dignity, and compassionate care to the children and youth entrusted to us.

This year, Boys' Town has embraced the theme, "**Back to the Fundamentals**". While commitment to professionalism is often associated with competence, efficiency, and excellence, I believe professionalism is

not merely a standard of performance; it is about serving others with integrity, accountability, respect, and a genuine commitment to their wellbeing. It is the expression of love through responsible and faithful stewardship of the resources, talents, and opportunities God has entrusted to us.

Your support helps us to build a space that is both mission-driven and professionally equipped to respond effectively to the challenges of our time. May our hearts continue to carry the same heart of excellence for the ones we have the privilege of caring for.

God bless,

Bro. Dominic Yeo Koh

Spiritual Director & Board Member



OUR MILIEU
PROJECT

From Community to Schools and Institutes of Higher Learning



Wander-Land Mental Health Carnival began as a community outreach initiative and has since grown into a movement championing the **mental well-being of children and youth**. As a key programme under the Our Milieu Project (OMP), it was first introduced in community spaces such as community clubs, malls and CDC events,

making mental health conversations accessible through interactive and meaningful experiences.

Created in response to growing concerns about youth well-being, Wander-Land aims to create safe spaces where young people can build resilience, develop coping skills and seek support.

Drawing on positive community experiences, the programme has expanded into primary schools, secondary schools and Institutes of Higher Learning across Singapore. Through engaging activities and reflective experiences, students gain greater confidence in caring for their own mental well-being and supporting those around them.

Today, Wander-Land continues to **nurture stronger peer support networks and empower young people to look out for one another**, extending its impact across both communities and schools nationwide.

CHAMPIONS BEHIND THE CHANGE

Hi! Solomon here, a **Manager in Corporate Services at Boys' Town (BT)**, overseeing **IT and Security & Logistics**. I joined 10 years ago in an IT role and, over time, was entrusted to lead the team and later take on Security & Logistics, while also serving on committees such as Catholic Affairs and PDPA.

As my responsibilities grew, I wanted to contribute beyond the day-to-day demands of my teams. That led me to pursue a Master of Management (Non-Profit Management), which has helped me better understand the wider social service sector and think more intentionally about how BT can strengthen the way its people, systems and resources work together to serve children and youth in need.

*"What has kept me here has always been the **people**: the children and youth we serve, and my like-minded colleagues who make every challenge worthwhile."*

Much of my work happens behind the scenes, but knowing that it helps BT run more smoothly and enables good work across the organisation is what makes this journey so meaningful.



YOUTH
REACH

Newly Renovated YouthReach Centre

Open House 2026

On 17 July 2026, Boys' Town celebrated the opening of our newly renovated YouthReach Centre in Tampines with an Open House attended by our Board Members, key partners and staff. The event began with a Mass of thanksgiving, followed by a tour of the refreshed facility and lunch.



The occasion was especially meaningful as YouthReach celebrates its **16th anniversary**, with a time of reflection, gratitude, and renewed commitment to supporting young people facing life's challenges.



The renovated centre stands as a testament to the generosity and belief of our donors and partners. Their support has enabled the creation of a safe, welcoming, and inspiring space where youths can feel valued, supported, and empowered to grow.

Since its establishment in 2010 through a **partnership between Catholic Welfare Services (CWS) and Boys' Town**, YouthReach has evolved to **meet the changing needs of young people**. Today, youths face increasingly complex challenges, including issues related to mental well-being, family relationships, school disengagement, social isolation, and the digital landscape. In response, YouthReach has continually strengthened its programmes and adopted more holistic, youth-centred approaches.

The opening of the renovated centre marks not only a new chapter for YouthReach, but also a celebration of the collective commitment to empowering every young person to thrive.

STRONGER TOGETHER

Growth, Resilience and Camaraderie
Through Camp and Sports

RESIDENTIAL
SERVICES

During the June school holidays, Boys' Town Residential Services created two meaningful opportunities for residents to step beyond their usual routines, strengthen relationships and discover what they could achieve together.

Building Kampung Spirit

Boys' Town Camp 2026 was held at Passion Wave, Sembawang, around the theme of **Kampung Spirit**. Through outdoor cooking, fishing, kayaking and a campfire gathering, the boys learned to support one another, adapt to new experiences and enjoy simple moments of connection. Residents and staff shared moments of laughter and encouragement throughout the water activities, strengthening bonds as they worked together. Many boys later shared that the camp was memorable, especially because of its warm atmosphere, activities and food. This meaningful experience was made possible through the generous support of the Tan Chin Tuan Foundation.



Competing with Purpose

On 24 June 2026, Boys' Town organised its first **COPA BT Futsal Tournament** at Kovan Sports Arena, bringing together youths from different residential homes in the Under-15 and Under-18 categories. Beyond competition, the tournament created opportunities to build teamwork, leadership, confidence and resilience. Participants displayed enthusiasm and sportsmanship, encouraging their teammates and connecting with peers from other homes. Boys' Town teams also achieved commendable second- and third-place finishes across the two categories respectively.

**EVERY CHALLENGE BECOMES MORE MEANINGFUL WHEN WE FACE IT TOGETHER.
WE ARE STRONGER TOGETHER.**

CAIRDE CAMP 2026:

Building Friendship and Confidence

SANCTUARY CARE

During the June school holidays, our Sanctuary Care team organised a one-day **Cairde Camp** for 37 children aged 7 to 11 from low-income and vulnerable families. Through a fantasy-themed adventure, the camp created a safe and encouraging space for children to step beyond their comfort zones, discover new strengths, and build confidence.

I got to play with new friends and try bouldering.

– Participant, 7 years old



From target shooting to supervised fire-starting and marshmallow roasting, each activity encouraged perseverance, focus, and problem-solving. To celebrate their achievements, every child chose a character path that reflected their interests and strengths, becoming either a “Fire-Making Mage” or an “Arrow-Shooting Warrior” and receiving a commemorative pin as a keepsake of their growth.

Beyond the activities, Cairde Camp fostered new friendships, strengthened social connections, and empowered children with greater self-belief, creating memories and lessons that will stay with them long after the camp ended.

I had a lot of fun learning about starting a fire and eating marshmallows!

– Participant, 9 years old



Overview of Boys' Town

Boys' Town is a charity started in 1948 by the Montfort Brothers of St. Gabriel.

Our services include:

- Residential Services
- Clinical Intervention Centre
- YouthReach
- Fostering Services
- Sanctuary Care
- Adventure Centre

We are an Institution of a Public Character (IPC) and a member of the National Council of Social Service (NCSS).

IMPORTANT NOTICE

REPORT SCAMS

Boys' Town is not organising the sale of ice-cream and handmade pencils to raise funds. The authorities would like to advise victims to lodge a police report.

If you encounter these peddlers, please check with us before making any donations.

If you have any questions, please contact us at 6690 5420.

We appeal to your generosity and kindness to help us raise **\$150,000** from **1 September - 31 October 2026** through this Newsletter campaign. Donations received from this campaign will support Boys' Town's operations and programmes.

JOIN US IN EMPOWERING CHILDREN AND YOUTHS:



can help us **conduct 1 counselling session** for a child or youth-in-need



can help us **run a short-term character development programme** for 10 - 20 youths in need



can help **support 2 months of daily meals** for a residential youth

METHOD 1

PayNow ▶

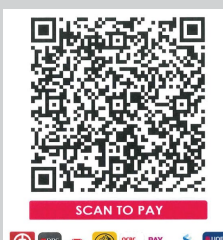
BOYS' TOWN
FUND RAISING
UEN: 201534576H007

For tax deduction purposes, kindly key in your information under reference:

NL <space> NRIC <space> Mobile No.

Due to the latest PayNow changes, please provide your **full NRIC and contact number** if you require tax deduction. Boys' Town will not be able to process your tax deduction if the information provided is incomplete or inaccurate.

Please do not mail cash. We encourage donors to *donate electronically*.
Cheque donations are still accepted via the enclosed business reply envelope.



METHOD 2

(Credit Card)
Boys' Town website ▶
www.boystown.org.sg



METHOD 3

Giving.sg ▶
<https://tinyurl.com/BTSEPTNL2026>



All donations are non-refundable. If you have made an error in your donation or there was an unauthorised usage of your credit card, please contact us at 6690 5420 within 14 working days from the date of your donation.

Donations are entitled to 2.5 times tax deduction (if applicable). Boys' Town will not be able to process your tax deduction if the information provided is incomplete or inaccurate. Personal information will be used for purposes related to tax deduction, fundraising, database management and communications, security screening and statistical analysis. Boys' Town will keep the personal data confidential and restrict accessibility to only authorised and need-to-know personnel, in compliance with the PDPA guidelines.

I understand that I can withdraw consent and request Boys' Town to stop collecting, using and/or disclosing my personal data for any or all of the purposes listed above by submitting my request via email to cp@boystown.org.sg



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