

### RESIDENTIAL SERVICES

From Struggle to Strength:

## Transforming Young Lives through Community Support



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### The Struggle for Belonging

Before arriving at Boys' Town, Tim\* lived in an environment where chaos was his norm. Home offered no safety, and school provided little support. Without consistent guidance, Tim struggled to communicate with authority figures, often responding with aggression and finding it difficult to build healthy relationships. In his search for acceptance, he gravitated towards peers who encouraged risky and antisocial behaviours – truancy, smoking and other negative influences. With no one to help him set boundaries or make better choices, Tim felt powerless to resist the pull of these harmful activities.



Stock image used

Eventually, Tim was placed in a Group Home unit at Boys' Town under a Family Guidance Order (FGO), where he was provided with a structured and supportive

environment to work on improving his behaviours, while his family received guidance on how to manage his behaviours at home.

### Finding Strength in Community

Since moving into Boys' Town, Tim has developed greater self-awareness and gained insight into the circumstances and decisions that led him here. His natural flair for basketball emerged through the Residential Services basketball interest group, boosting his self-confidence. Regular check-in sessions with his social worker and mentor also helped him to reflect on his actions and motivated him to reconcile with his parents.

Tim's youth worker describes him as a role model to his peers, actively encouraging them to make better choices and often reminding them of their responsibilities. In recognition of his consistent progress, Tim was awarded 'Boy of the Term' – a significant achievement that celebrates his positive transformation.

We are incredibly proud of Tim and the progress he has made. **His story is a testament to the dedication of our staff and the generosity of supporters like you.** With your help, we can continue providing safe spaces, guidance and support for youth like Tim to thrive.

\*Not his real name



# Message from the Executive Director

Dear Friends and Supporters,

This year, our theme at Boys' Town is **Generating Positive Impact**. More than simply a theme, it is a call to action. As we celebrate the 10th anniversary of our Fostering Services and the 15th anniversary of YouthReach this year, we honour not just the milestones, but the countless stories of transformation made possible through care, mentorship, and community support. These achievements are a testament to the unwavering commitment of our staff, volunteers, and donors who embody the spirit of Boys' Town—to serve and uplift every child and youth entrusted to us.

Let this year be a renewed reminder of our shared dedication to walk alongside those in need, to be a source of strength and hope, and to continually generate a positive, lasting, and profound impact on the children and youth of this generation.

Thank you for being  
a part of this journey!

God Bless!

**Dr Roland Yeow**  
Executive Director



## OUR MILIEU PROJECT

Introducing the  
**OMP Challenge:**

### A 4-PART ONLINE SERIES

After five months of scriptwriting and extensive discussions, we are excited to announce the launch of the *OMP challenge*—a dynamic four-part online video series which tackles real-life issues such as caregiving stress, exam stress, overthinking and learning to disconnect to re-connect!

Brought to you by our passionate team of youth workers, case workers, counsellors, psychologists, adventure specialist and marketing executive, the series is not only engaging and entertaining, but also deeply relatable and impactful.



Our first episode, **"Flour Baby"**, dives into the everyday struggles parents face on their caregiving journey, offering viewers a fresh perspective and deeper appreciation for what parents go through.

Watch  
The OMP Challenge  
now!



Scan the QR code

YOUTHREACH



*Kicking Off*  
with Les Clefs d'Or Singapore!

On 30 May 2025, our youths from YouthReach had the exciting opportunity to participate in a friendly football match with Les Clefs d'Or Singapore, the local chapter of the international association of professional hotel concierges.

Held at the Assumption English School field, the match ran from 5 to 7pm and was full of energy and camaraderie. Each youth proudly wore a customised jersey exclusively designed for the event, and the evening ended with a hearty meal — both generously sponsored by our guests.

More than just a game, this experience gave YouthReach youths a chance to connect with professionals from the hospitality industry, build their confidence, strengthen teamwork, and experience the spirit of sportsmanship.

We are truly grateful to Les Clefs d'Or Singapore for creating such a meaningful and memorable evening, one that left a lasting impact both on and off the field.





## FOSTERING SERVICES

# 10 Years, One Village: Strengthening Young Lives Together

Boys' Town Fostering Services (BTFS) marked its 10<sup>th</sup> anniversary with "We Are the Village," a three-month online campaign that ran from 4 April to 6 July 2025. The campaign aimed to rally public support and raise awareness about fostering, while celebrating the foster families, volunteers, and professionals who form the village that cares for vulnerable children.



At the heart of the campaign was the **"We Are the Village" Virtual Walkathon**, a community-wide effort which collectively clocked over 10,000km between 31 May and 30 June 2025, symbolising the shared journey of building a supportive environment for children in care.

The walkathon kicked off on 31 May 2025 with a community walk and family carnival at Senja-Cashew Community Centre. About 150 invited guests – including foster families, kin carers, professionals, and volunteers – came together to honour the fostering community and celebrate this meaningful milestone.

A highlight of the event was a heartfelt commemorative moment led by Guest-of-Honour, Mr Eric Chua, Senior Parliamentary Secretary, Ministry of Law & Ministry of Social and Family Development, and Boys' Town Executive Director Dr Roland Yeow. Together with representatives from the fostering community, they signed heart-shaped acrylic tokens and placed them into a custom-built house structure. Each heart represented the unique role of each group within the fostering community and collectively, they form the foundation of love, stability and support that surrounds every child in care.

As a token of appreciation, each participant received a stylish bottle carrier generously sponsored by *The Paper Bunny* – a gift to accompany them on their walkathon journey.

*Thank you to all who participated in "We Are the Village" campaign. Be the spark that continues to inspire new foster families and strengthen the support system for children in need.*

Follow us on socials for updates!



Boys' Town  
Fostering Services



@boystown.fostering-services

## RESIDENTIAL SERVICES

BOYS' TOWN RESIDENTIAL SERVICES CAMP 2025:

# A JOURNEY OF **EMPOWERMENT**

The Boys' Town Residential Services June Holiday Camp was held from 25 June to 27 June 2025. With the theme of Empowerment, the camp sought to inspire leadership, trust, and responsibility in the residential boys, helping them to recognise their own potential and in turn positively contribute back to the community.

The three action-packed days kicked off with ice breakers, goal setting sessions, flag-making, and dormitory allocation, all designed to foster group identity and camaraderie among the different residential units. The residential boys then dived into a series of exciting challenges, including the Amazing Race, Water Catapult Challenge, Blind Man's Trail, and high-element activities. These activities not only developed leadership and problem-solving skills but also strengthened trust, resilience, and teamwork.



*I loved the high-element activities that helped me conquer my fear of heights with my group mates and Youth Workers cheering me on!*

*The food and atmosphere were great, and I totally enjoyed the campfire activities with the staff!*

A highlight of the camp was the Campfire Night, where the boys enjoyed a sumptuous Indonesian buffet, followed by a lively talent show featuring performances and group cheers which encouraged creativity and self-expression.

On the final day, participants reflected on their key learnings from the camp. This was followed by a prize and certificate presentation ceremony which recognised both individual and group achievements.

**This meaningful experience was made possible by the generous donation of Tan Chin Tuan Foundation and the invaluable support of Boys' Town volunteer photographers, who captured the memorable moments throughout the camp.**

# Who WE ARE...

Boys' Town is a charity started in 1948 by the Montfort Brothers of St. Gabriel. We provide residential care, fostering, adventure therapy, youth outreach and other community and school-based programmes and services for over 1000 children and youths from disadvantaged and disengaged families. We are an Institution of a Public Character (IPC) and a member of the National Council of Social Service.

## IMPORTANT NOTICE REPORT SCAMS

Boys' Town is not organising the sale of ice cream and handmade pencils to raise funds. We have put up a notice on our website to notify the public of possible scams. The authorities would like to advise victims to lodge a police report.

If you encounter these peddlers, please check with us before making any donations. You may contact us during office hours, Monday to Friday, 9am - 6pm or call our duty officer at **9623 4731** outside office hours.

BOYS' TOWN ADVENTURE CENTRE

SANCTUARY CARE

## Building Confidence through Adventure



"Every child deserves the chance to grow, thrive, and feel seen."

Guided by this shared belief, Boys' Town Adventure Centre (BTAC) and Sanctuary Care (SC) launched a pilot two-day holiday camp in June, specially designed to uplift and empower children aged 6 to 12 from vulnerable backgrounds.

Participants were drawn from Sanctuary Care's client network and family service centres in the West and Northwest regions. The camp reached children whose families face ongoing challenges such as housing instability, food insecurity, and limited access to enrichment opportunities.

Through a combination of indoor group activities and outdoor adventure, the camp provided a safe and nurturing space for experiential learning. Children participated in activities that encouraged teamwork, communication and personal resilience – centred around three core objectives: building confidence, fostering self-esteem, and developing pro-social skills.

**This meaningful initiative marks the beginning of more collaborative efforts to create a more inclusive and empowered community, one adventure at a time.**

We appeal to your generosity and kindness to help us raise **\$150,000** from **1 September 2025 – 3 November 2025** through this Newsletter campaign. Donations received from this appeal will help to support Boys' Town's programmes and operations.

**Every \$1,000 can help provide one of the following:**



**3 MONTHS OF DAILY MEALS**  
for a residential youth



**10 COUNSELLING SESSIONS**  
for a child or youth in need



**CASE MANAGEMENT**  
for 3-4 infants and young children

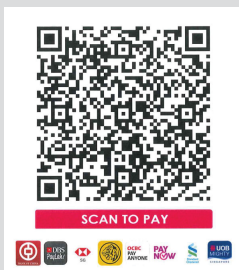
If you would like to donate digitally via:

### PayNow

**BOYS' TOWN  
FUND RAISING**  
UEN: 201534576H007

For tax deduction purposes, kindly key in your information under reference:

**NL <space> NRIC <space> Mobile No.**



(Credit Card)

**Boys' Town website**  
[www.boystown.org.sg](http://www.boystown.org.sg)



**Giving.sg**

<https://tinyurl.com/BTNLSept2025>



### Cheque

Alternatively, you can donate by issuing a crossed cheque made payable to "**Boys' Town**", and mail to:

624 Upper Bukit Timah Road, Singapore 678212

Kindly indicate '**NL**' and include your **name, address, telephone number and identification number (for tax deduction)** on the reverse side of the cheque.

**UNSUBSCRIBE**

If you no longer wish to be on the Boys' Town mailing list, please e-mail us at [info@boystown.org.sg](mailto:info@boystown.org.sg) or call **6690 5420**

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